



## Mr Wilson's Weekly Message

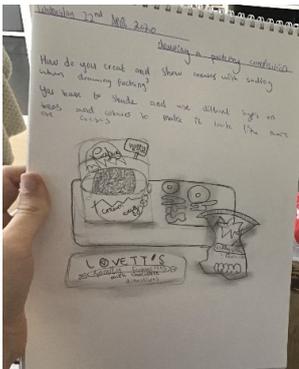


This week I have been inspired by Mr Cheetham and his fitness challenges. You may remember that my new years resolution was to take better care of myself, both in what I eat and exercising. When setting this goal, I did not know how important it would become to me, both physically and mentally. We all know the benefits of activity and healthy nutrition, and now more than ever, it is important that we take the time to look after ourselves. My daily exercise, whether it is a walk around my local park or using my skipping rope indoor, has become a real highlight of my daily routine. I encourage you

all to be doing the same. Look out for the fitness videos and challenges set by the PE department and have some fun with them. As always, until we are able to welcome pupils back to school, please continue to stay safe, exercise and enjoy the family you have around you.

## Art Attack

Working from home has not stopped our pupils from producing some fantastic pieces of artwork. Miss Sullivan has been incredibly impressed with the creativity and skill shown by so many of our pupils. It just proves that all you need is a pencil and some paper to create a masterpiece. Here is just a small selection of the fantastic work that has been submitted over the past week:



## Rising Star

We are beyond proud of our Year 7 girls football captain Ricki-Lee Orange who, after a fantastic end of year review, has been offered another year at Arsenal Ladies football club, moving into the under 14s squad. The coaches were incredibly impressed with her skills and work ethic. Well done Rickie-Lee, you are an absolute credit to your friends, family and the Hurlingham Academy community. Keep up the hard work, and we look forward to seeing you in action next football season.



## Mr Wilson's Commendations

Pupils continue to work hard on their classwork and have once again been submitting some outstanding pieces of work. As a result, the list of pupils being nominated for commendations keeps growing. This week's commendations are as follows:

The Geography department would like to congratulate the following pupils for their outstanding work; Siobhan and Kemal (7U), Jack (7R), Jaylen (7L), Alfred (7N), Christine Jane (7H), Rihanna (8H), Lucas (8R), Dean-Junior (8L), Oliver (8L), Erisa (8I), Julia (9H), Mary-Rose (9R), Ana Rafaela (Y10), Alejandro (Y10), Haytham (Y11), Fatima Galan (Y11) and Isis (Y11).

The Science department would like to congratulate the following for their hard work on Educake; Jack Benson, Dalal Karim, Adem Yahiaoui, Teja Pierre, Valentina Rodriguez and Hassan Rochdi. Mr Bacolor would like to say a particular well done to Isadora Bueno for not only for her consistent submission of work but for also really pushing herself by successfully attempting daily challenge questions.

Maths would like to say well done to Haydn Ellahee, Zaineb Mohammedi, Ruddainah Saleh, Naomi Eyob, Thenisha Pennyfeather, Carmen-Jada O'Connell, Maria Cendon Ferreira, Giff Nkiribari, Ky Francois, Taurie Palmer, Christopher Milsan-Korma, Filip Ferens, Chenrui Gao, Nyet Ashera, Misty Ougan-Goldsmith, Florian Beqiri, Myla Mighty, Hayden Govier, Julia Ourofino, Abdirahman Omar, Madison Knott-Knight, Isadora Bueno, Pimi Surinchai, Simon Gidey, Jack Hill, Samuel Mateus, Lorenzo Robinson, Justine De La Croix, Ana Rafaela Ribeiro Rijo, Daniela Doga, Naweed Abawi, Gonzalo Resabala Arizaga, Sara Zamora Grisales, Valentyna Shrekdko, Beril Dermenci, Lana Shaheen and Maria Casteneda Porras.

Team English would like to say a massive well done to Jack Benson, Abdallah Omar, Amir Rustamov, Thomas Aguiar Cendon Ferreira, Pedro Aguiar Cendon Ferreira, Sonia Bezoyan, Bailey Kidd, Pimi Surinchai, Justine De La Croix, Julia Ourofino Scalia Vasconcelos, Scarlett Wilson, Mirren Henry, Vienna O Malley, Ana Rafaela Ribeiro Rijo, Denver Gadd, Demi Strong, Savanna Pilgrim, Beril Dermenci, Fatima Galan Boulayoun, Emir Aybars Demirbas, Uma Masiliunuene, Omar Rhouzzal, Alexander Viruez Mimor and Ivana Tchaabak Mabou.

Finally, Miss Ali would like to congratulate Arina Goncharova, Muhammad Khan and Alexiane Rose Plus for all their hard work in media this week.

## What are you currently reading? – Miss Kramer

I have just finished reading *Our Stop* by Laura Jane Williams. I loved this book because it was a very enjoyable, easy read that is based in London! Every time I opened it up, I felt like I was actually out and about in London whether just hopping on the tube or visiting a museum.

I'm currently reading *'When She Woke'* by Hilary Williams. I am loving the perseverance and feminism themes! Excited to see how it all unfolds!



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